



PRESENTS

# WARM UPS FOR CHOIRS



## Minimize the Prep, Max the Engagement with your Students!

No teaching day is ever the same. Some mornings, students are focused and energized. Other afternoons, kids are scattered and lethargic. Developing an effective routine is essential for your singers to achieve their full potential. Use our collection of warm ups to hone in on key skills, while injecting some memorable fun into the learning day.

### FOR BETTER BREATHING, TRY THIS...

#### Alphabet Bingo



Why Do It: proper breath control leads to a controlled, healthier sound

How It Works: play a pitch on the piano, each student sings at that pitch a, b, c, d, e, etc. on a quarter note at various speeds until out of breath

Fun Factor: sing the alphabet backwards give prizes for getting to a certain letter

### FOR MORE BLENDED SOUND, TRY THIS...

#### Vowel Unity



Why Do It: improves group vowel placement / shape approach

How It Works: pick a vowel shape, group passes it (sings it) from person to person. Use a slow tempo to assess variations and adjust as needed.

Fun Factor: change up passing in multiple directions with faster tempo

### FOR BUILDING UP FOUNDATIONS, TRY THIS...

#### Rhythmic Recognition



Why Do It: improve overall accuracy and ability to see nuances

How It Works: demonstrate the rhythm, either vocally or by clapping for students to perform; then explain their derivation of it

Fun Factor: students nominate 'best of' derivations for a prize

### FOR HIGHER ENERGY SOUND, TRY THIS...

#### Disco Scales



Why Do It: movement while vocalizing helps fine tune intonation and skills

How It Works: students point up to the ceiling with right hand as they are singing a downward scale. Remind them to keep tone above pitch center.

Fun Factor: add a dance move at the end of each scale

### FOR IMPROVED TONE QUALITY, TRY THIS...

#### Long Tone Mixer



Why Do It: expand into different styles of music with better sound

How It Works: Sing long tones on a variety of vowel shapes. Mix in articulations (staccato, legato, etc.) while singing scales in a variety of keys.

Fun Factor: students call out and then publish their personal mixes

### FOR MUSICAL GROWTH, TRY THIS...

#### Interval Climb



Why Do It: develop stronger sense of where notes should be performed

How It Works: Pick an interval, use a variety of articulations (staccato, legato, etc.) while singing scales in a variety of keys.

Fun Factor: crown the King and Queen of the Interval

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